

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Rone Du Plessis**

Has successfully participated & completed the

**Team Heifer Cowhouse Cross Duathlon 2017 #5**

held at Cowhouse Market.

**TIME 00:50:16**

**PACE 13.13km/h**  
**OVERALL 2 of 4**

**GENDER 2 of 3**  
**SUB JUNIOR 1 of 1**

10 September 2017, Sun

Date



*BoutTime*

Signature

